

# BEST SPORTS STORY

A tough section to judge this year because of the quality of entries, however the top three are all deserving of their placements. Congratulations to all who entered.

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## FEATURES 04/11/2015



Simon Winsor with his father, Corbin Winsor. Simon is the first known Inuk male in Nunavut to earn a black belt in taekwondo. (PHOTO BY STEVE DUCHARME)

Youth sports

### Inuk youth aces tests, earns taekwondo black belt

"My dad said it was like a light being turned on for me"



Steve Ducharme Nunatsiaq News

As a young boy, Simon Winsor could often be found glued to the television at home in Pangnirtung, watching his father's Bruce Lee action movies. Winsor scrutinized every frame of Lee's classic Kung Fu films — every punch and kick was examined, every martial art philosophy was internalized and imitated.

Those early lessons served the boy well.

In 2000, Winsor passed his final examinations to earn a first-degree black belt in taekwondo, an Olympic sport since 2000, which combines combat techniques such as kicking, blocking and dodging.

Winsor's achievement is remarkable: the 15-year-old is the first Inuk male of any age ever to earn a black belt in the Canadian International Taekwon-Do Federation.

The journey to black belt for Winsor and his family, was challenging — filled with complex choices, sacrifices and a little bit of adolescent mischief.

In the classic film "Enter the Dragon," Bruce Lee scolds a student for a half-hearted attempt at a kick during a lesson.

"We need emotional content," Lee stresses, reminding the student that he needs to believe in what he does.

That could have been Winsor.



1

### STEVE DUCHARME

#### Nunatsiaq News

From start to finish, Ducharme has crafted a wonderful narrative about Simon Winsor and his accomplishment. Sports writers are known for their skill in creating compelling ledes to push readers into a story and Ducharme has done just that. An entry worthy of first place.

### ANDREA CRANFIELD

#### The Equity

Another fine example of a lede that draws the reader into what is quite a long sports feature. The writing had a wonderful flow.

2

### Healing waters and positive people create an unforgettable experience for kids on the autism spectrum disorder

ANDREA CRANFIELD  
MAGNIFIED April 2015

A white-water rafting trip on the Yukon River was a life-changing experience for a group of children on the autism spectrum. The children, who were accompanied by their parents, spent a week in the wilderness, enjoying the beauty of the river and the camaraderie of the group.

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children and we could do the same thing using white water as that metaphor of the river. There's a beauty to the river, the beauty of the river, the beauty of the river, the beauty of the river.

The children, who were accompanied by their parents, spent a week in the wilderness, enjoying the beauty of the river and the camaraderie of the group.

just had that day, every day. They were there, they were there, they were there, they were there.

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Eight-year-old Jim Coffey heads out onto the river with a young partner and his mother at the WhiteWater Rafting event held in August.

MONEY FOR MASHAM  
Test your wits in Tennessee.  
Hadley to compete in Knoxville. Page 17

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### How much for Meredith?

Centre costs \$200 annually per household

By Anastasia Philopoulos

Fifty-two dollars a median tax bill.

That was the original price the Chelsea municipality told taxpayers the Meredith Centre would cost them: \$52 per household over 20 years for capital costs.

Back in 2009, the year of Chelsea's controversial referendum, a lot of attention was focused on how much debt the municipality would take on in order to construct the Meredith Centre, and not as much on how much the facility would cost the taxpayer overall.

Turns out, in 2015, the median taxpayer in Chelsea — based on a property valued at \$300,000 — will pay over \$200 per household for the Meredith Centre.

According to documents obtained by the Low Down and confirmation from the municipality, capital costs for the Meredith Centre total \$60 per median dollar of the centre.

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### Teo takes it home



Billion athlete Teo Sanchez (right) celebrates a gold medal win in men's relay along with teammates Zachary Soudic (centre) and Félix Bérubé-Lorochelle (left) of the Canada Winter Games. (Photo courtesy: Canada Games)

### Biathlete beats out Alberta

By Anastasia Philopoulos

Quebec flag to ski over the [finish line] with Sanchez said.

The Wakefield biathlete brought home gold from Canada's Winter Games held in Prince George, BC — it was just one of three medals to decorate the Chelsea Nordic athlete.

"It was pretty amazing. I'm out there representing the province, adding to the overall counts of all the sports," Sanchez said. "That's huge."

Sanchez, 17, completed four races from Feb. 15 to 19.

"My wax tech gave me the

### Resto offers twist on traditional fare

By Tyler Dawson

Suyeon Myeong, who hails from Seoul, to open the new Chelsea eatery. The couple says the restaurant is meant to fit in somewhere between the Chelsea Pub and the finer-dining offered by Les Fougères.

Harris said he's always wanted a restaurant that brings in different people of different ages — similar to the melting pot seen in older TV shows.

"Food for me is about sharing with friends and family and I want everybody to feel that way," he said.

The two moved to Chelsea in 2014.

### WORST JOKE OF THE WEEK

Two whales walk into a bar. The first one says, "weeeeeeooooooooohhhuuuuu." The next whale says, "shut up, Steve. You're drunk."

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